

INTERNATIONAL TRAINING
May 25-26 and June 1-2, 2021
University of Economics and
Innovation in Lublin

A large, abstract watercolor splash in shades of purple, blue, and pink, centered on the page.

„A MODEL OF SUPPORT FOR HIGHLY SENSITIVE CHILDREN IN PRESCHOOL AND EARLY SCHOOL AGE”

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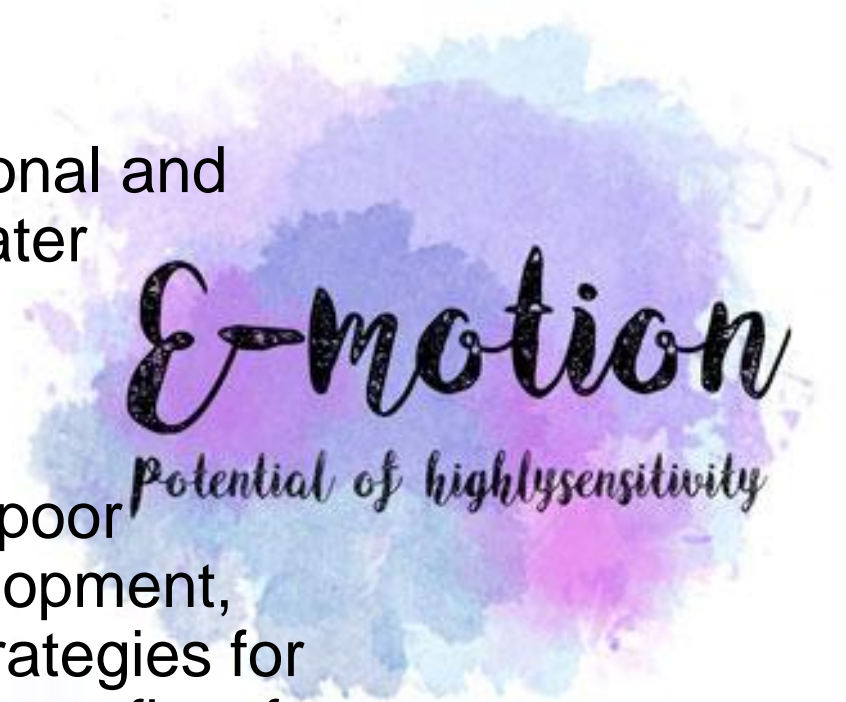
**Educations materials for teachers and parents
(video presentations and how to use them)
by
Marija Vasilevska**

What we learned about High Sensitivity....

(to summarize)



- Is a trait of temperament and not a disorder
- When processing external information, big emotional and brain activation occurs, with much detail and greater attention and awareness.
- When the environment is negative, it can lead to poor adjustment and negative consequences for development, which leads to the fact that if we offer effective strategies for education will promote the positive qualities and benefits of highly sensitive children.



What we learned about High Sensitivity... (to summarize)

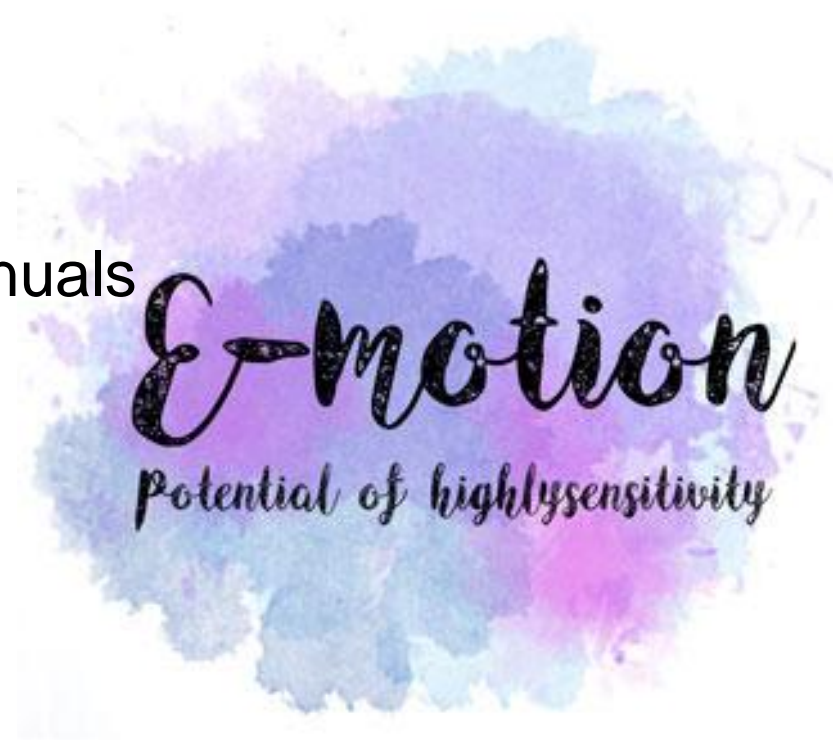


- They are easily stimulated
- They react too emotionally
- They have a problem in the process of socialization or gaining new friends, due to shyness and lack of self-confidence
- They need support when they enter new and new situations
- They need support from adults (parents, educators, teachers...)



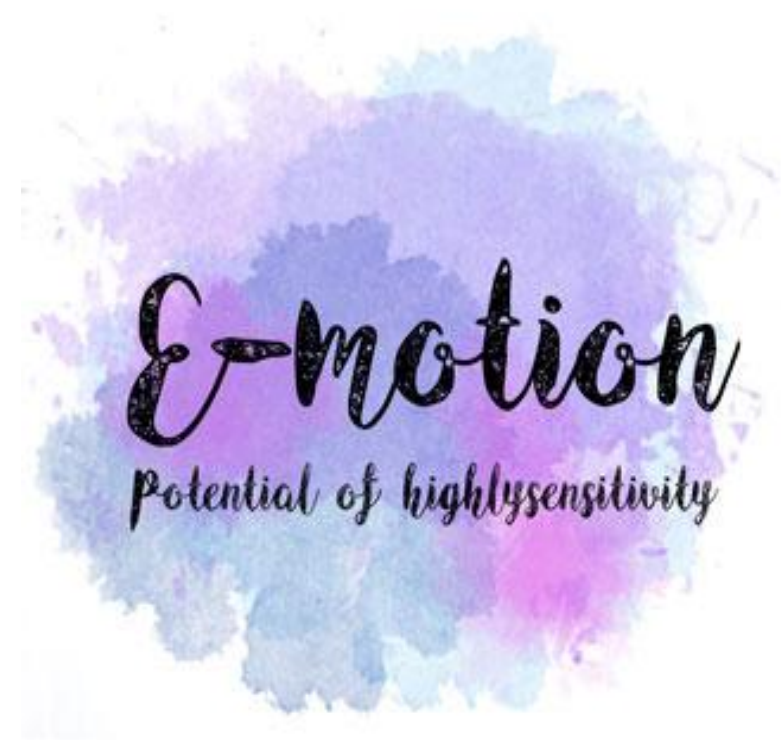
How we promote the High Sensitivity

- Using the podcasts, articles, seminars, workshops..
- Using the educational materials and tools such us manuals
- Creating a website and facebook page
- Using the educational videos



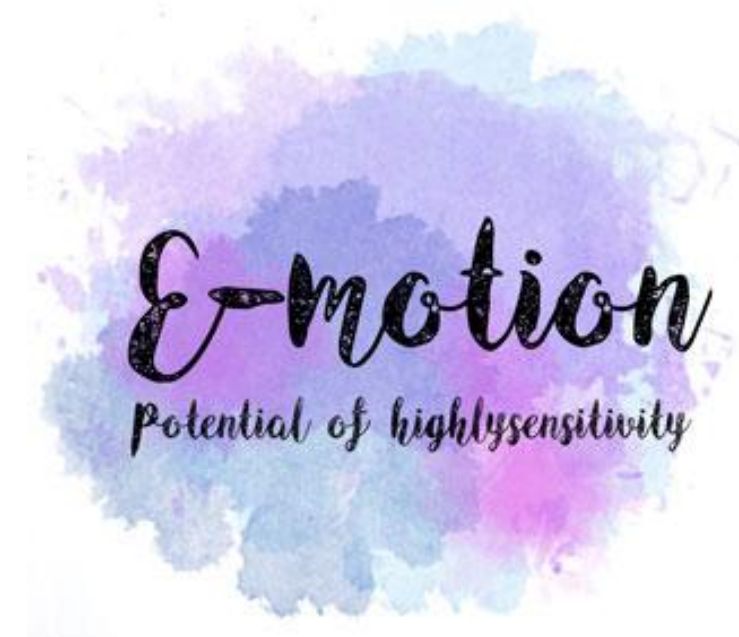
Why the educational videos

- Using video in education is memorable and comprehensive
- Visual stimulations grabs the attention
- Videos can be used to accommodate shorter attention spans
- Videos content is accessible
- Using video in education is affordable
- Videos are excellent marketing tools



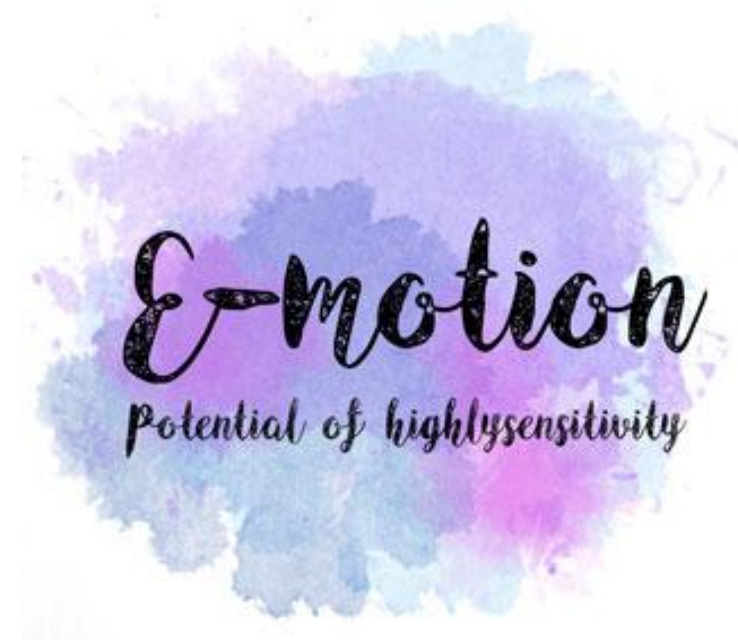
Videos about High Sensitivity

- ❖ Videos about Highly Sensitivity are made according to the platform doodle.com
- ❖ A total of 12 videos have been made. Currently they are available on YouTube and can be streamed in 6 languages
- ❖ The content of the text of the videos was prepared by a team of professors from the partner countries from the universities of Lublin-Poland, Bucharest-Romania, Rome-Italy, Alicante-Spain, La Laguna University and the kindergarten Breshia from North Macedonia.



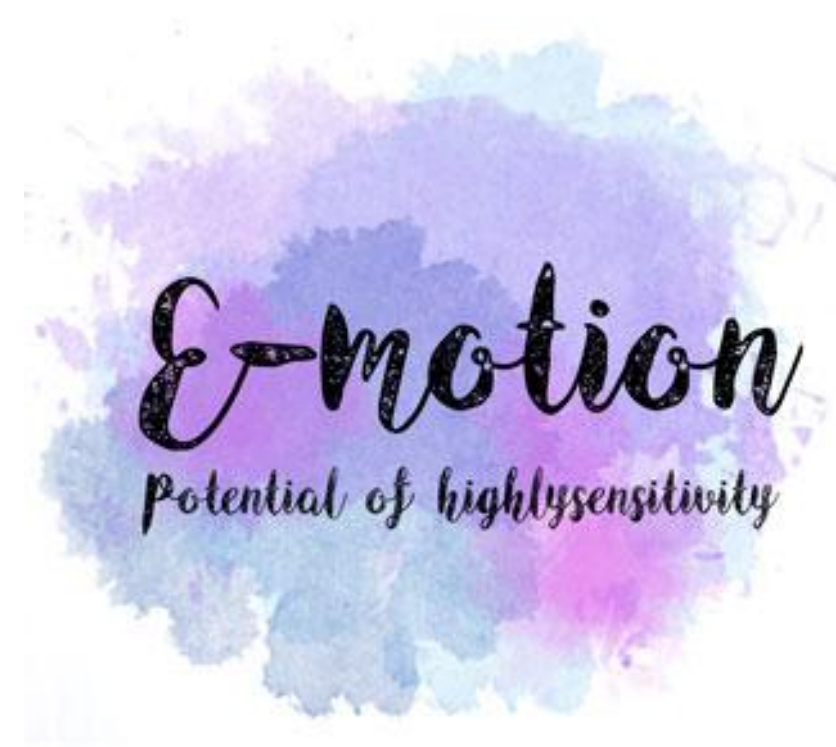
Videos about High Sensitivity

- ❖ You can find the videos with the following titles:
- ***HSC in new situations***
 - ***What kind of support should be used to strengthen the HSC in coping with stress***
 - ***The specificity of HSC and self-esteem***
 - ***The specificity of HSC and environment***
 - ***The situation of HSC in classroom***
 - ***Tips for Parents***
 - ***What kind of support is needed to strengthen the HSC in pre-school adaptation***



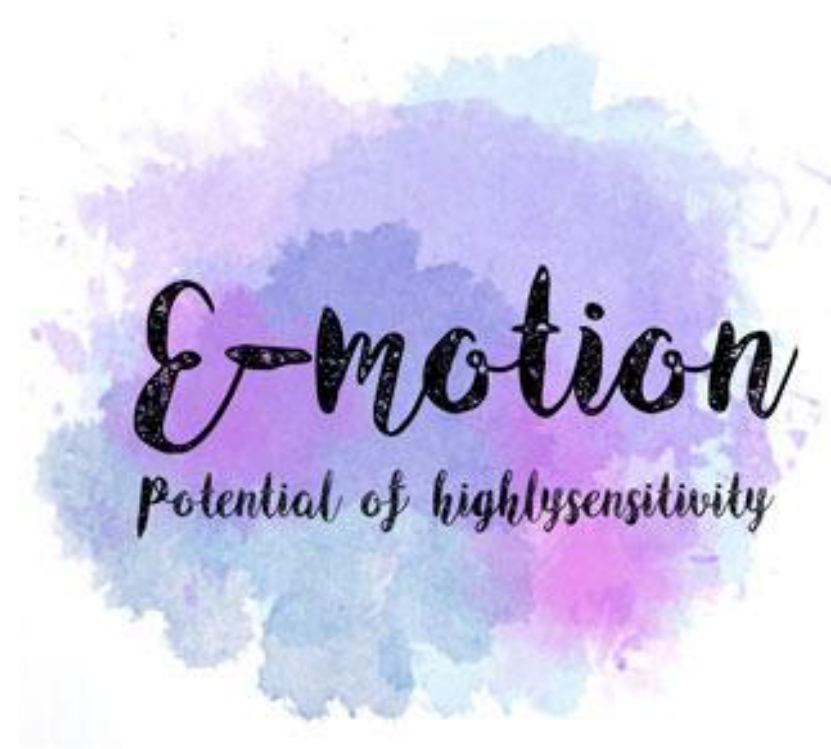
Group discussion:

1. What was good about the videos?
2. Which video left an impression on you and why?
3. Was everything from the previous lectures was covered in the videos? Which part of the videos did you remember while the presenters were lecturing about sensitivity?
4. How you can use videos in your classroom if you have a highly sensitive child?



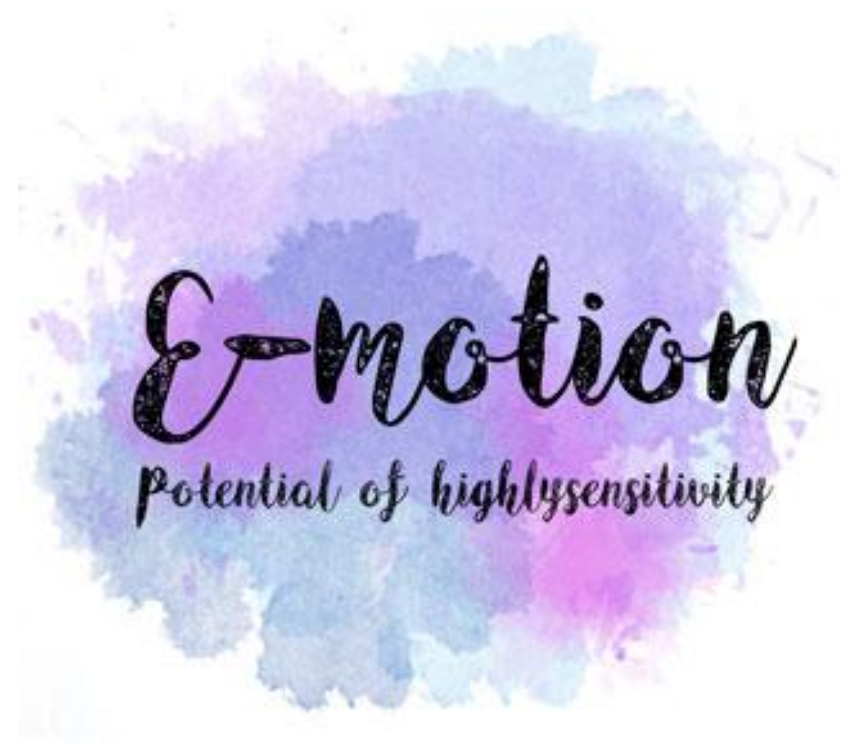
Group discussion:

- ❖ **How can you promote these videos in your institutions (parents, teachers etc.) or local community?**



Forms of promotion of the videos

- Dissemination part with colleagues at your institutions;
 - Organizing parent meetings with parents;
 - Organizing public forums in your community;
 - Organizing interviews on local televisions for introduction and promotion the High Sensitivity as a trait;
 - Printing brochures and flyers with links to videos about High Sensitivity;
- (if you have other ideas use them)



Thank you for your attention!

Q & A

